



Events down at the Parrog in and around the Marquee

General information

The Festival **Information and Registration Desk** will be open from 7.30am to 5pm on Saturday and Sunday and from 9am to 5pm on Monday. The **Festival Café** serving hot and cold refreshments will be open from 10am to 5pm from Saturday to Monday. Toilets, including those with disabled access, are available at the Parrog throughout the event and there is limited car parking at the Parrog car park.

Activities

From 10am to 5pm from Saturday to Monday there will be fun activities for all the family, including:

- Side shows
- Head through the hole
- Stalls
- Bouncy castle
- Face painting
- Coastguard display surf life saving demonstration
- Ice cream

Special Events

Register for the events below at the Information and Registration Desk during the Festival on a first come, first served basis.

Saturday 1st May

11 - 11.45am **The Pink Lady** - stilt walker in Market Street.

12noon - 1.30pm **Puppet making workshop and puppet show**

Join local puppeteer, Anna Clark, to make your own puppet and take part in a puppet show. The workshops will be open to all ages but will have a particular focus on involving children.

1pm - 3pm **Maypole Dancing and workshop** with Rufus and the Rasilila music group
There will be a demonstration dance at 1.30pm followed at 2pm by a chance for all the family to join in.

12noon - 5pm **Beach art: found objects workshop**

Join local artist, Tacy Collingridge, to create sculptures and mobiles from driftwood and other found objects on the beach. The workshops will be open to all ages but will have a particular focus on involving children.

12noon - onwards **Wicker workshop** making a large willow sculpture with a seaside theme.

1.30 - 2.15pm **The Pink Lady** - stilt walker at the Parrog.

2 - 3.30pm **Puppet making workshop and puppet show**

Join local puppeteer, Anna Clark, to make your own puppet and take part in a puppet show. The workshops will be open to all ages but will have a particular focus on involving children.

3 - 3.45pm **Balloon modelling** with "Betty Balloon".

4-5pm **Puppet making workshop and puppet show**

Join local puppeteer and mask maker, Anna Clark, to make your own puppet and take part in a puppet show. The workshops will be open to all ages but will have a particular focus on involving children.

Sunday 2nd May

11.30am - 12.15pm **Carmarthen Wind Band performance.**

12noon onwards **Wicker workshop** making a large willow sculpture with a seaside theme.

1.30pm - 2.15pm **Carmarthen Wind Band performance.**

3.30pm - 4.15pm **Carmarthen Wind Band performance.**

Monday 3rd May

10am **Nordic Walking Workshop**

Local walker, Andrew Dugmore, takes a workshop introducing the techniques of **Nordic Walking**, a popular form of fitness walking using poles similar to ski poles.

12noon - 5pm **Mask making workshop**

Join local puppeteer and mask maker, Anna Clark, to make your own mask and take part in a masked parade to close the Festival. The workshops will be open to all ages but will have a particular focus on involving children.

12 noon - onwards **Wicker workshop** making a large willow sculpture with a seaside theme.

4.30pm **Duck Race**

Take part in the famous Duck Race, finishing in front of the Boat Club. Ducks can be purchased from a number of shops in Newport, at the Boat Club, or at the Information and Registration Desk at the Festival Marquee during the Festival.

5pm (approx) **Raffle Draw**

The Festival Raffle will be drawn after the Duck Race in the Marquee - TBC

FESTIVAL ENDS